

First Baptist Church of Clarendon Child Development Center



HEALTH REQUIREMENTS

Parent/Legal Guardian Signature Required on Back

Upon enrollment of each child, parent/legal guardian must submit a completed medical forms signed by that child's physician.

Effective immediately:

All children 6 months of age and older entering an Arlington County licensed Child Care Facility will be required to provide proof of a negative risk assessment for tuberculosis infection or the results of a Tuberculosis Skin Test (TST).

NOTICE: Updated immunizations forms must be submitted every 6 months for children under 2 years of age (until their 2nd birthday) and annually for children over 2 years old. All children at the FBCC CDC are required to have and submit proof of an annual physical.

It is the responsibility of the parent/legal guardian to obtain from the FBCC CDC the form on which this information is to be documented. Failure to submit this form will result in the child being excluded from enrollment in the FBCC CDC. A health screening will be conducted as each child arrives, prior to them joining a larger group of children. If there are indications or present symptoms of illness, the child will not be admitted to school until free of the indications or present symptoms of illness.

In the interest of the health, safety, welfare and wellbeing of your child in relationship to and with the other children in their same care setting and the FBCC CDC taken as a whole, we ask you to adhere to the following guidelines as policy. If your child has been exposed to any of the diseases and/or illnesses listed below while they are away from the FBCC CDC, we ask that you notify us of exposure. If your child shows any of the symptoms listed below, you will be called to come and pick up your child within 45 minutes of contacting you.

Symptoms include:

- **A severe runny nose, cough, or sore throat**
- **An undetermined rash which is determined to require diagnosis and/or medication**
- **Temperature of 100 degrees or higher when taken in the ear**
- **Severe headache**
- **Stiff neck**
- **Upset stomach, regurgitation**
- **Diarrhea (3 loose movements in 2 hours)**
- **Signs of extreme fatigue and general ill feeling, or**
- **Knowledge that child has had fever within past 24 hours**
- **Symptoms consistent with conjunctivitis (pink eye)**
- **Difficult or rapid breathing (especially in infants)**
- **Unusually dark, tea-colored urine-especially with a fever**
- **Itching of the head when lice is suspected or confirmed**

Specific Illnesses

The FBCC CDC will inform parents/legal guardians of communicable diseases that occur in their child's classroom. Any school wide notifications will be given only if it is advised by the Arlington County Public Health Department and with the approval of the Executive Director of the FBCC CDC.

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It is the policy of the FBCC CDC that children who have been ill with these specific illnesses will be readmitted to the FBCC CDC according to the following guidelines:

- **Conjunctivitis—24 hours after first dose of medication**
- **Chicken pox—when the last mark has scabbed over and after an inspection by the Morning Supervisor or a member of the Administrative Team**
- **Diarrhea or Vomiting—24 hours after the last loose stool or no more vomiting**
- **Fever—24 hours after temperature is normal WITHOUT the aid of fever reducing medication**
- **Strep throat—24 hours after first dose of medication**
- **Thrush—24 hours after first dose of medication**
- **Ear infection—24 hours after first dose of medication, if fever is present, 24 hours after temperature is normal**
- **Head lice—May not return to school until a full treatment (generally considered to be 3 applications) has been applied to the head and after inspection of the head by the Morning Supervisor or member of the Administrative Team and has determined the absence of lice, eggs and larva**

Parents/Legal Guardians must notify the FBCC CDC within 24 hours or the next business day after his/her child or any member of the immediate household has developed any reportable communicable disease, as determined by the State Board of Health, except for life threatening diseases, which must be reported immediately. All children's medical/health issues are confidential.

It is inevitable that children will get sick, no matter where they are. In the FBCC CDC, children come into contact with groups of children outside their families. It is in this situation that the illness of one child can spread rapidly through the group and to employees of the FBCC CDC, if stringent measures to prevent this are not taken.

We will take constant precautions to prevent the spread of disease and illness. Careful and frequent hand washing by employees and children can reduce the risk by 75%. Other precautions will be taken in diapering/toilet learning and food distribution.

We ask your cooperation by being prompt in picking up your child if it is requested due to symptoms they are showing and to follow these guidelines for a healthy return to school following illness.

I have received the Health Requirements and agree to follow the guidelines to help provide a healthy environment for my child.

Parent/Legal Guardian Signature

Date